

1st4sport Level 3 NVQ Diploma in Supporting the Delivery of Physical Education and School Sport



Qualification Specification

Qualification Overview:	The qualification has been developed on behalf of employers and in conjunction with industry experts and has been developed in response to concerns over the quality of qualifications available to existing and potential employees delivering curriculum-driven physical activities in a school environment.						
Qualification Code:	600/9577/5	Level:	3	Age:	16+	Registration Period:	36 months
Guided Learning (GL):	283 hours	Total Qualification Time (TQT)	540 hours	Credit Value:	54	Operational From:	01 August 2013
Progression Opportunities:	The 1st4sport Level 3 NVQ Diploma in Supporting the Delivery of Physical Education and School Sport prepares learners for employment in a school sport setting by providing an introduction to opportunities to work as a physical education and school sport professional.						

Qualification Objective
What does this qualification cover?
The 1st4sport Level 3 NVQ Diploma in Supporting the Delivery of Physical Education and School Sport introduces (or consolidates knowledge, depending on previous experience and qualifications) learners to a number of roles in providing Physical Education and School Sport (PESS). The qualification will develop the learner's knowledge and skills in order to be able to independently lead the delivery of PE and sport programmes in a school sport environment. While it is delivered through the medium of PESS, the skills may be used by learners aspiring to work in other sporting roles, such as coaching.
Who is the qualification for?
The 1st4sport Level 3 NVQ Diploma in Supporting the Delivery of Physical Education and School Sport is primarily aimed at learners who are already employed in the relevant workplace and have the opportunities to demonstrate competence in this environment over time. Provided the above pre-requisites can be met, this qualification may support individuals currently operating as: <ul style="list-style-type: none"> • sports coaches in a school environment • higher level teaching assistants • teaching assistants • sports development officers • sports volunteer operating in a school environment • sports leader operating in a school environment
Who supports this qualification?
The qualification has been designed and developed in partnership with the association for Physical Education (afPE), utilising their expertise in the area of physical education and school sport. The Compass Association (now UK Active) have provided support for this qualification also.
Qualification Progression
What future education could this qualification lead to?
Learners could progress onto a Level 3 Certificate in Supporting Teaching and Learning in Schools.

What future employment could this qualification lead to?
Learners will be able to lead the delivery of sessions within a physical education and school sport environment.
Qualification Achievement
Entry Requirements for the Qualification
Prior to registration for the qualification learners are required to: <ul style="list-style-type: none"> • be appropriately identified • be at least 17 years of age upon registration and 18 years of age at the point of certification • be able to communicate effectively in English • be in possession of a Level 2 Physical Education or sport-related qualification (examples include the 1st4sport Level 2 Certificate in Supporting Learning in Physical Education and School Sport, a regulated Level 2 Coaching qualification, or recognised equivalent and a Level 2 BTEC in Sport or related field.) OR be able to evidence experience working within a classroom to support the delivery of a curriculum <p>There are no further prerequisites prior to certification other than successful completion of all learning outcomes and assessment criteria for this qualification.</p>
How is the Qualification Achieved?
Completion of the pre-standardised learner portfolio or evidence generated towards the assessment criteria using a mapping document.
What will be assessed?
Learners must: <ul style="list-style-type: none"> • complete a series of written tasks <p>Or</p> <ul style="list-style-type: none"> • provide evidence that all assessment criteria have been met

How will it be assessed?

This qualification contains a range of units to be completed by the learner. Each unit is comprised of a number of learning outcomes and identified assessment criteria to be completed.

Learning Outcomes that begin ‘The learner will **understand...**’ will be assessed through theory based activities.

Learning Outcomes that begin ‘The learner will **be able to...**’ are assessed through practical activities.

For example:

Learning outcomes The learner will:	Assessment criteria The learner can:
1 understand how to ensure participants’ safety during sport specific coaching sessions	1.1 describe the health and safety requirements that are relevant to planned sport-specific activities and competition. 1.2 describe how to structure coaching sessions to minimise the risk of injury to participants.
2 be able to prepare resources for the coaching session	2.1 ensure that the identified resources meet the requirements of the activity.

Qualification Delivery

What workforce is needed to be able to deliver this qualification?

The recognised centre is required to have a qualified and competent qualification workforce in place which includes as a minimum.

- a qualification administrator
- a qualification coordinator
- an appropriately qualified assessor
- an appropriately qualified internal quality assurer (IQA)

Further information on workforce requirements are available from 1st4sport Qualifications on request.

What facilities are needed to be able to deliver this qualification?

The recognised centre is required to ensure learners have access to delivery sites which contain facilities to support the programme of learning and assessment. All training and/or assessment sites must include the following facilities:

- a classroom-type facility with chairs and tables (not benches) to hold a maximum of 30 learners with sufficient ventilation and lighting, should classroom learning take place.
- toilets and changing room facilities for both male and female learners/participants if learners are present on-site at the recognised centre
- a safe practical area for the delivery of suitable physical activities.

The weather and environment, whether indoors or outdoors, must be conducive to learning with lighting and temperature appropriate to participant and learner needs. The space surrounding the playing area must be safe and free of obstructions.

What equipment is needed to be able to deliver this qualification?
<p>The recognised centre is required to ensure appropriate equipment is in place to support the assessment of learners. This will include equipment suitable to the delivery of recognised PESS activities, such as mats and sports equipment</p> <p>It is also advised that all afPE resources gained via the afPE induction event be on hand if/where required. The recognised centre is required to ensure that all learners and participants wear appropriate apparel at all times.</p>
What qualification materials support this qualification?
<p>The recognised centre may use either the materials provided by 1st4sport or create appropriate alternatives, to be approved by the External Quality Assurer. The qualification is supported by the <i>1st4sport Level 3 NVQ Diploma in Supporting the Delivery of Physical Education and School Sport</i>.</p> <ul style="list-style-type: none"> • <i>Qualification Handbook</i>, detailing the 1st4sport Qualification Approval Conditions and the Delivery, Assessment and Quality Assurance Approach for this qualification • <i>Unit Specifications</i>, detailing the Learning Outcomes and Assessment criteria for the qualification • <i>Learner Portfolio</i>, containing a series of pre-standardised assessment tools and templates to support the learner's achievement of the qualification. • <i>Delivery, Assessment and Quality Assurance Approach</i>, detailing the recommended learning programme (where provided), exemplar assessment answers and levels of attainment and IQA support.
How much does this qualification cost?
<p>Qualification registration and certification fees are available from 1st4sport Qualifications on request. Centres need to factor in facility and workforce costs in order to determine a Qualification Fee for learners.</p>

How to apply to deliver this qualification
<p>Contact 1st4sport Qualifications, requesting qualification approval for the <i>1st4sport Level 3 NVQ Diploma in Supporting the Delivery of Physical Education and School Sport</i>.</p> <p>Tel: 0113 290 7610 Email: enquiries@1st4sportqualifications.com Website: www.1st4sportqualifications.com</p>
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UK Coaching
<p>Tel: 0113 274 4802 Email: via www.ukcoaching.org/contact Website: www.ukcoaching.org</p>
SkillsActive
<p>Tel: 0330 004 0005 Website: www.skillsactive.com</p>
Ofqual
<p>Tel: 0300 303 3344 Email: public.enquiries@ofqual.gov.uk Website: www.gov.uk/government/organisations/ofqual</p>

Qualification Structure (Rule of Combination)

This qualification is comprised of twelve mandatory units. All learners must complete all mandatory units in order to receive the qualification certificate.

Mandatory Units

Unit Title	Level	Credit	GL	Reference	Assessment Method(s)
Communication and professional relationships with children, young people and adults	3	2	10	F/601/3327	Written tasks, workplace evidence, observation of performance
Schools as organisations	3	3	15	A/601/3326	Written tasks, workplace evidence, observation of performance
Understand child and young person development	3	4	30	L/601/1693	Written tasks, workplace evidence, observation of performance
Understand how to safeguard the wellbeing of children and young people	3	3	25	Y/601/1695	Written tasks, workplace evidence, observation of performance
Support assessment for learning	3	4	20	A/601/4072	Written tasks, workplace evidence, observation of performance
Plan physical education and school sport programmes	3	5	29	J/505/1759	Written tasks, workplace evidence, observation of performance
Deliver physical education and school sport programmes	3	4	22	F/505/1761	Written tasks, workplace evidence, observation of performance
Review the delivery of a physical education and school sport programme	3	3	13	J/505/1762	Written tasks, workplace evidence, observation of performance
Organise and lead a sports event or competition	3	3	10	H/601/8410	Written tasks, workplace evidence, observation of performance
Preparing for the mentoring role	3	3	15	T/503/3511	Written tasks, workplace evidence, observation of performance
Support gifted and talented learners	3	4	21	R/601/0652	Written tasks, workplace evidence, observation of performance
Facilitate community-based sport and physical activity	3	16	73	F/503/0652	Written tasks, workplace evidence, observation of performance

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Developing and awarding qualifications for the active learning and leisure industry

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